

Trenton Summer Fest

2021 Athlete  
Guide

# Event Timeline

- Packet Pickup: 6:30 am – 7:50 am
- Race Meeting at start line: 7:50 am
- 8K Race Start: 8:00 am
- 5K Race Start: 8:05 am
- Awards: 9:25 am (approx.)
- Course Cut-Off: 9:30am

# Covid Safety Updates

The state has lifted previous restrictions related to COVID-19. However, we still have a few recommendations based on advice of other industry professionals, local health officials, and the CDC.

1. Please maintain 3 feet of distance between yourself and anyone not from your household when possible.
2. Participants will not be required to wear masks, but we still highly encourage it if you are not vaccinated, or when you are within a few feet of other racers (ie. At the start line, at aid stations, during post-race activities)
3. Staff/volunteers will be required to wear masks during check in, at aid stations, and when handing out medals or awards.
4. Results will be available online within a few minutes of finishing using your phone or computer. There will not be any results kiosks on-site.
5. We will have food and drinks after the race. Please wash/sanitize your hands prior to entering the food area and wear a mask while getting your food. Once you have gotten your food, please spread out, and give other athletes an opportunity to get in.

## Location and Parking

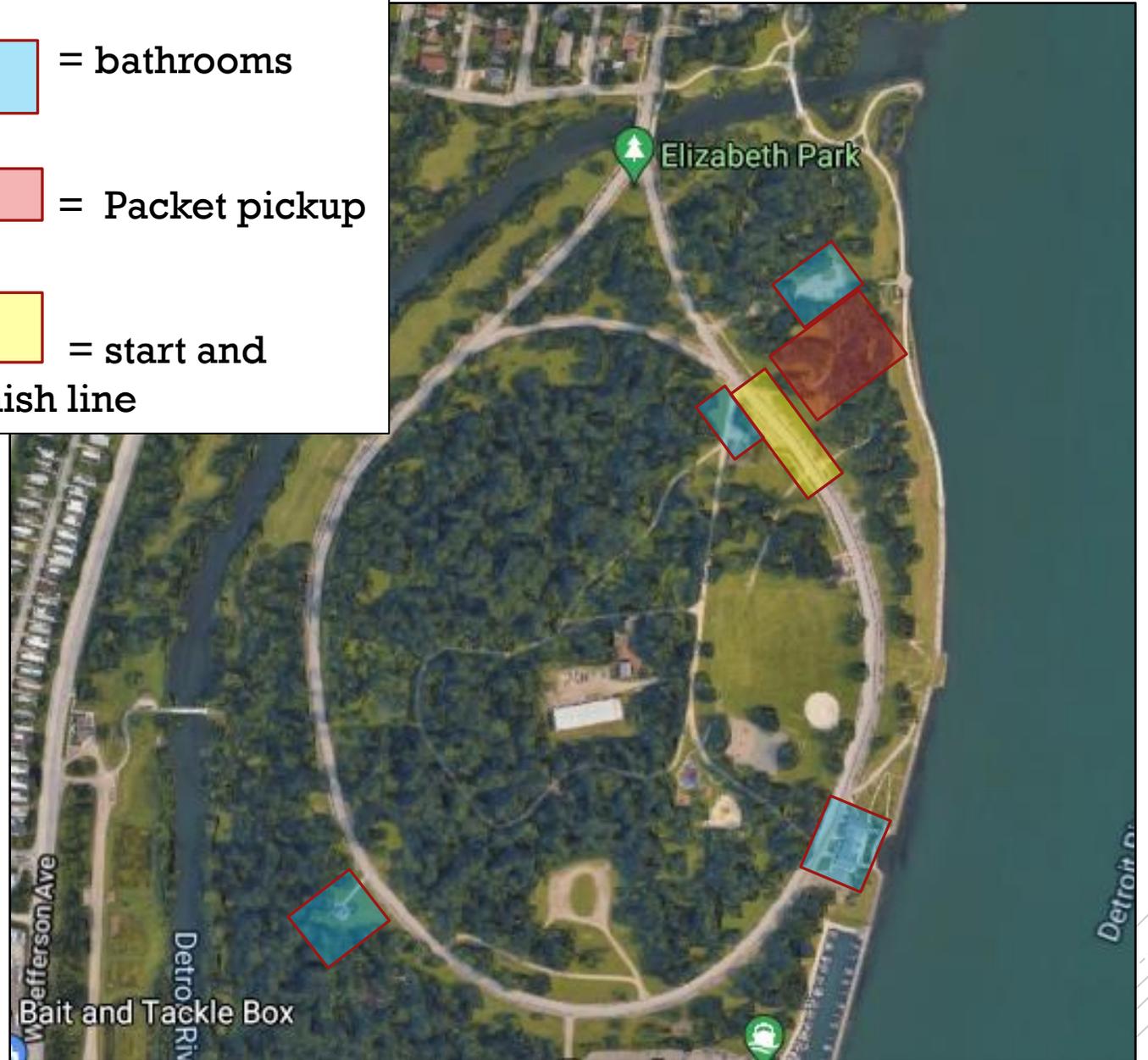
- This year's race is taking place at Elizabeth Park, [4250 Elizabeth Dr, Trenton, MI 48183](#). Packet pick up and registration will be at the pavilion on the northeast side of the park.
- Parking is available along the side of the drive around the park. There will also be some parking available near the pavilion.



The Swag

# Elizabeth Park

-  = bathrooms
-  = Packet pickup
-  = start and finish line

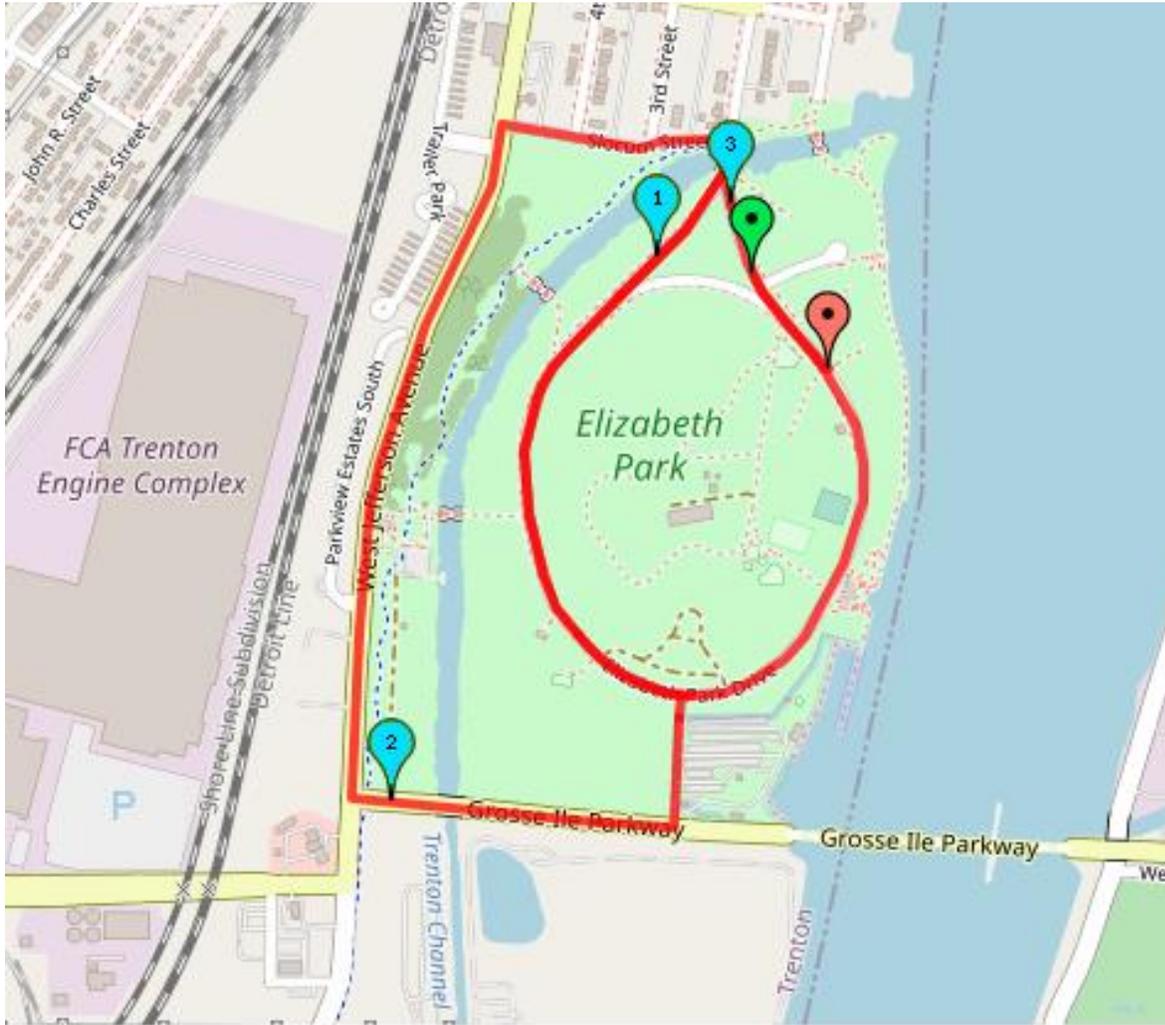


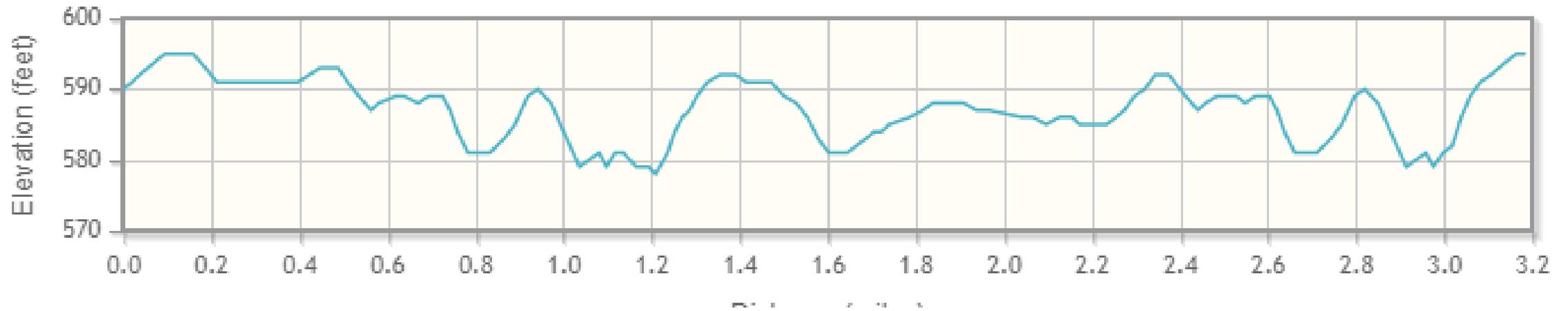
# Parking

- There is parking along the road throughout the park. The drive is one-way and the starting line is closest to the exit of the park. Please drive all the way in to park closer to the starting line.

## 5K Course

The 5K Course starts on the Northeast side of Elizabeth Park Circle and does and clockwise loop exiting the park on the North side. Athletes will then take Slocum Ave to Jefferson. Runners will run south on Jefferson before turning left onto Grosse Isle Parkway. Runners will only be on the parkway for about a quarter of a mile before re-entering Elizabeth park and doing a clockwise half circle around the park into the finish line.



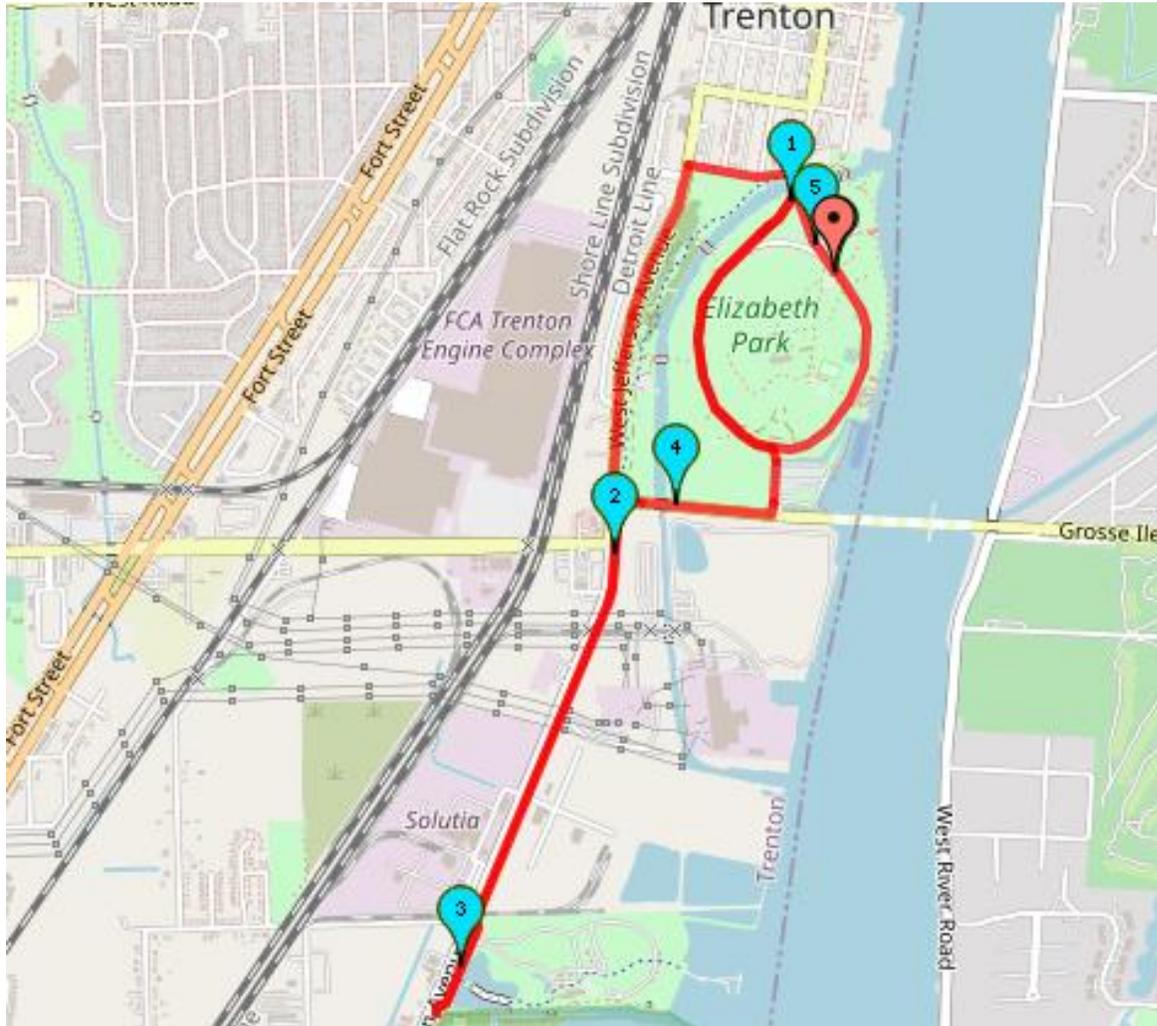


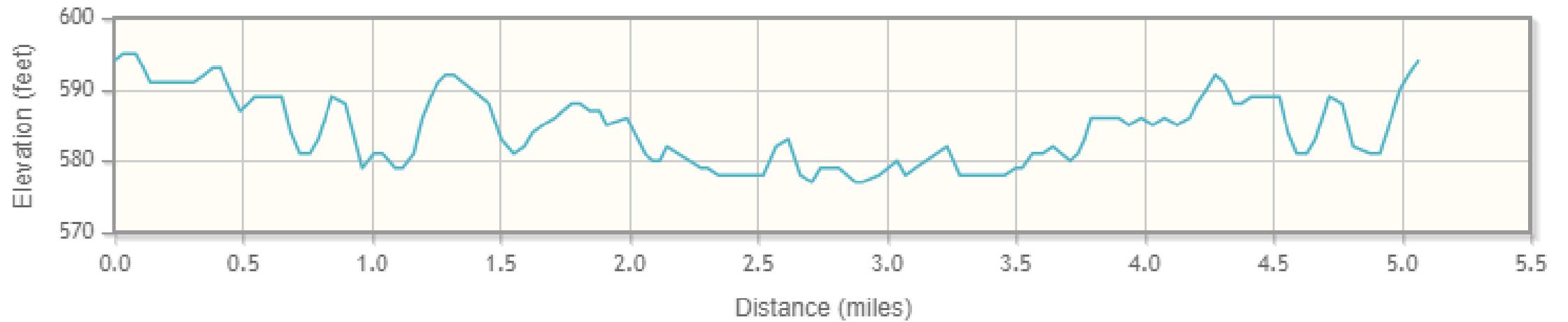
## Elevation

This scenic course in Elizabeth Park and along the southside of Trenton has rolling hills, but is still a PR capable course. This course, while not USATF certified, was measured using USATF techniques, so it is very accurate in distance.

## 8K

- The 8K course will start with a clockwise loop around scenic Elizabeth Park starting on the Northside. Athletes will exit the park onto Slocum Avenue, before heading South on Jefferson Avenue.
- Once across Grosse Isle Parkway runners will run an out and back on the Downriver Linked Greenways passed the gorgeous new Detroit River International Wildlife Refuge.
- When runners return to Grosse Isle Parkway they will turn right and head a quarter mile towards the bridge, and re-enter the park at the marina before finishing the race with a clockwise half circle around the park into the finish





# Elevation

Much like the 5K this course is both scenic and rolling hills. The flattest section is the out and back on the linked greenways

## Aid Stations

**5K and 8K Athletes  
will get water and  
Gatorade at mile  
1.9**

**8K athletes will  
also have the  
opportunity at ice  
cold water at mile  
3.9**

6:00 am		Showers	70 °F	73 °F	<a href="#">49 %</a>	<a href="#">0.03 in</a>	95 %	69 °F	96 %
7:00 am		Showers	71 °F	73 °F	<a href="#">49 %</a>	<a href="#">0.03 in</a>	95 %	69 °F	96 %
8:00 am		Scattered Thunderstorms	72 °F	74 °F	<a href="#">42 %</a>	<a href="#">0.03 in</a>	95 %	70 °F	94 %
9:00 am		Showers	73 °F	75 °F	<a href="#">42 %</a>	<a href="#">0.03 in</a>	95 %	70 °F	92 %
10:00 am		Showers	73 °F	76 °F	<a href="#">42 %</a>	<a href="#">0.03 in</a>	94 %	71 °F	91 %

## Weather

There are scattered showers and thunderstorms in the forecast for race day, but the rain should be very light. If there is thunder or lightning, or it is imminent we may postpone the race for a while and send athletes back to their cars until the threat has passed.