

**High Point Triathlon Bike Turn By Turn Directions:**

**Start:** Oak Hollow Marina Parking Lot

**Right Turn:** approx. .45 miles onto Oakview Drive

**Straight Through:** .90 mile through Johnson Street.

**Right Turn:** 2 miles onto Old Winston

**Right Turn:** 2.2 miles onto ShadyBrook Drive

**Left Turn:** 3.05 miles onto Aberdeen R.

**Slight Right:** 3.35 onto Langdale Drive

**Right Turn:** 4.1 miles onto Old Mill Rd.

**Left Turn:** 5 miles onto Johnson St. (caution crossing traffic)

**Right Turn:** 5.5 miles onto Ruskin Rd. (Caution crossing traffic)

**Right Turn:** 6 miles onto Hunting Ridge Rd.

**Left Turn:** 6.25 miles Skeet Club Rd.

**Left Turn:** 7.7 miles onto Old Mill Rd.

**Right Turn:** 8.35 miles onto Langdale Rd.

**Slight Left:** 9.1 miles onto Aberdeen Rd.

**Left Turn:** 9.35 miles onto Shadybrook Drive

**Left Turn:** 10.25 miles onto Old Winston Rd.

**Left Turn:** 10.45 miles onto Oakview Drive.

**Straight Across:** 11.5 miles through Johnson Drive.

**Left turn (stay in Southbound Lane):** 12 miles onto N Centennial St.